

HOW TO PRAYER WALK

- Keep it small – go **in pairs** or **by yourself**.
- **Be aware of Jesus'** presence with you. As you walk, try to **see the city through Jesus' eyes**.
- Pray **as you walk**, eyes open. Stop at landmarks.
- If praying with a partner, pray **out loud**:
 - Pray **Audibly** so they can pray along in spirit.
 - Pray **Brief** prayers. Pass it back & forth.
 - Pray **Christ-centred**.
 - Pray **Conversationally** off each other's prayers to focus on specific themes.

- Pray for:
 - **Critical needs:** social, political, economic, spiritual
 - **Critical crossroads & intersections**
 - **Cultural influencers:** businesses, public services, schools, galleries, theatres, media, etc.
 - **Churches and Christians** to be good neighbours who love & serve the city
 - **People:** friends, neighbours, colleagues, workers, residents, passerbys, major people groups
 - **Peace and safety:** protection against crime, conflict and unrest.

- Start with prayers of **praise**, remembering that Jesus is the present Lord of this place.
- Ask **God to guide** your prayers, and to give you the **eyes to see** what he sees.
- **Confess fears**, weaknesses, lack of concern for those "outside."
- Ask **God to give insight** into his good plans for the city. Ask to **fit into his plan**.
- Ask for **open doors & opportunities** to love & serve the people of this community.
- Ask for **courage** to love as Jesus loves.
- Pray for **revival!**



PRAYER WALKING

Connect with God's heart for your city

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DEBRIEF

Talk with God and each other

about what you saw and heard. • *What surprised you?* • *What encouraged you?* • *What made you uncomfortable?* • *What did you struggle with?*

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REFLECT:

"Lift up your eyes! Look at the fields! They are ripe for harvest. Ask the Lord of the harvest to send out workers into his harvest field."

~Jesus

"I never noticed my community as a place of mission until I prayer walked it on my way home for the first time."

~New York City businessman

1. What describes your relationship to the city?
caring <-----> indifferent
active <-----> idle
involved <-----> detached
recognized <-----> anonymous
2. What are the ways you are involved with your neighbours and your community?

WHY PRAYER WALK?

The realities of urban life can make it a challenge to be connected meaningfully to our city. **Prayer walking is one tangible way to get to know & serve our community & neighbours.**

PRAYER WALKING...

- **Roots us** in the communities in which we live, work and socialize.
- **Takes us out of the church "bubble"** & places us into the world as a missionfield.
- **Gives us eyes** to see & appreciate God's beauty, grace, and glory in the city.
- **Give us hearts to ache** for the city's brokenness as we see socioeconomic problems up close and in context.

- **Connects our plans** to God's purposes.
- **Opens doors** and hearts to the gospel.
- **Prayer walking changes...**
 - *Neighbourhoods into parishes;*
 - *Believers into missionaries;*
 - *Homes into ministry centres;*
 - *Churches into the crossroads of kingdom renewal!*

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