

Here is a simple sequence of prayer as a way to focus on one priority of the Lord's prayer at a time. Pray through one priority (i.e. one column) from top to bottom at a time. Some like to pray one each day; others prefer to focus on one each week.

1. Upward (PATTERN & PRIORITY)

Start your prayer by focusing on the priority **upward to God**.
Praise Jesus for the priority. **Meditate** on the priority.
 Ask the Holy Spirit to show you **what it means**.
 What does the priority **tell you about God?**

2. Inward (PASSIONS)

Next pray the priority **into your heart**. Talk with God about it.
 How is the priority **lacking or growing** in your heart and life?
What will your life look like as this priority takes deeper root?
 Ask Jesus to **transform your heart** and life to be more like his.

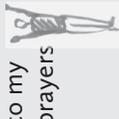
3. Outward (PEOPLE)

Now pray for **others to experience more of God's promises** and priority in their lives.
 Pray for **the world, the church, and the city**, especially as needs relate to the focus priority at hand.

4. Upward (PRAISE)

End by **praising God** for his blessings and answers to prayer.
Recognize how God has been present. **Thank** him.

PRAYER GUIDE using The Lord's Prayer as a Template

	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
PATTERN	Our Father, in heaven	Our Father, Holy is your name	Our Father, Your kingdom come	Our Father, Your will be done	Our Father, Give us this day our daily bread	Our Father, Forgive us as we forgive our debtors	Our Father, Lead us not into temptation, deliver us
PRIORITY 	Relationship Drawing close to God	Worship Joyfully Obeying	Proclaiming the kingdom Sharing Jesus	Opening up and trusting God's direction	Thanksgiving Contentment Simplicity	Humility & trust to let go Unity	Commitment to the Kingdom Guidance Advance
Pray God's PASSIONS into my own heart 							
Pray God's blessing for other PEOPLE 							
PRAISE for who he is & answers to my prayers 							

Reminder Row*									
Pattern for request	Our Father in heaven	Our Father, Holy is your name	Our Father, Your kingdom come	Our Father, Your will be done on earth as it is in heaven	Our Father, Give us this day our daily bread	Our Father, Forgive us our debts as we forgive our debtors	Our Father, Lead us not into temptation, deliver us from evil		
Priority of prayer	Sonship	Worship	Evangelism City Renewal	Mercy Social Justice	Generosity Contentment	Unity Reconciliation	Guidance Advance		
Prayers for Passions of my heart (heart affections)									
Prayers for other People									
Pressing urgent requests									
Praise for answers to my prayers									